

Soup of the day

-FROM NOON-

6.9

Served with toasted sourdough bread with herby butter
or house croutons

Please ask your server what soup we have today

contains wheat, gluten

gluten free option available

Specials

Plum pancakes

-SERVED UNTILL 3PM-

11

House pancakes served with plum compote, fresh plums,
chocolate sauce, chocolate drops & whipped cream

contains wheat, gluten

gluten free option available

Seeds autumn bowl

13.9

-SERVED FROM NOON-

Buffalo cauliflower, roasted butternut squash, roasted
sweet potatoes, roasted peppers, kale, smoked paprika
hummus, roasted pumpkin seeds & maple mustard
dressing

contains wheat, gluten

mustard

If you have an allergy or dietary restriction, please let one of our team know!

* gluten free option available